



# 2<sup>ND</sup> EOA TRAUMA CONFERENCE

## EVOLVING TECHNIQUES IN ORTHOPEDIC TRAUMA

17<sup>th</sup>-19<sup>th</sup> September, 2025 | Triumph Plaza Hotel, Cairo

# SCIENTIFIC PROGRAM



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SCIENTIFIC  
PROGRAM**

EGYPTIAN ORTHOPEDIC ASSOCIATION



***Dear Friends,***

The 2nd Trauma Conference of the Egyptian Orthopedic Association (EOA) is a highly anticipated three-day event from 17 to 19 September 2025 at the Triumph Plaza Hotel.

It marks a significant step forward in advancing trauma care and orthopedic practice in Egypt and the region.

This three-day scientific event is designed to provide a comprehensive platform for knowledge exchange, skill development, and professional networking. A rich and diverse scientific program designed to foster learning, collaboration, and innovation. The program includes a series of high-level lectures, interactive workshops, and original paper presentations.

We look forward to welcoming you all to this scientific event.

**Sincerely**

**Congress Board**



***Congress President  
Prof. Abdel Hakim  
Abdallah***



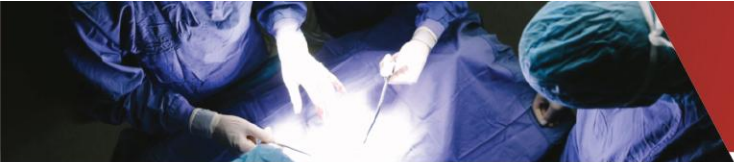
***Congress Treasurer  
Prof. Ashraf Moharram***



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***Chairman of the scientific  
committee  
Prof. Osama Farouk***



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### Scientific Committee

<b>Chairman:</b>	<b><i>Prof. Osama Farouk</i></b>	<b><i>Assiut University</i></b>
	<b><i>Prof. Mahmoud Badran</i></b>	<b><i>Assiut University</i></b>
	<b><i>Prof. Radwan Metwaly</i></b>	<b><i>Ain Shams University</i></b>





# FIRST DAY

## 08:00 -09:00 REGISTRATION

### SESSION 1▶ FREE PAPER PRESENTATIONS

#### MODERATORS:

09:00 -10:15

Abdelhakim Abdallah  
El-Zaher Hassan  
Osama Farouk

09:00 -09:08

Using of a titanium mesh cage in metadiaphyseal bone defect in femoral fracture.  
Ali Fergany

09:08 -09:16

Intramedullary nailing with and without cerclage in subtrochanteric fractures: An Updated Systematic Review and Meta-Analysis.  
Islam Saeed Elhois

09:16 -09:24

Dual vs single plating in distal femoral fractures: A Systematic Review and Meta-Analysis.  
Ahmed Oun

09:24 -09:32

Functional and radiological outcomes after Inclusion of fracture level with short-segment fixation in treatment of thoracolumbar junction fractures.  
Mohammed A. Moussa

09:32 -09:40

Impact of Surgical Timing, Fasciotomy, and External Fixation on Infection Risk in Tibial Plateau Fractures.  
Ahmed Elzeiny

09:40 -09:48

Challenges, Techniques and Tips in Removing Broken Femoral Intramedullary Nails.  
Mostafa Samy Mohamed Abdelghany

09:48 -09:56

Triangular Osteosynthesis in Spinopelvic Injuries:Reliable Fixation or a Source of Complications?  
Ahmed Abdelazim Hassan

09:56 -10:04

Positional screws vs lag screws in fixation of medial malleolar fractures  
Ahmed O. Sabry

## 10:04 -10:15 DISCUSSION & COMMENTS

## 10:15 -10:30 COFFEE BREAK

10:30 -11:00

# OPENING CEREMONY

11:00 -11:20

Keynote presentation: Evolving protocols in polytrauma  
Arnold Höppchen

## FIRST DAY

SESSION 2 ► EVOLVING TECHNIQUES IN PERIOPERATIVE CARE OF TRAUMA PATIENTS	
MODERATORS:	
11:20 -12:30	Alaa El-Zoheiry Eissa Ragheb Hazem Abdel Azeem Mohamed Fadel
11:20 -11:30	Patient clearance versus patient optimization. Emad Saweeres
11:30 -11:40	Perioperative antibiotic prophylaxis: Is it the same? Mahmoud Abdel Karim
11:40 -11:50	Orthopedic operative theatre: What should we have in 2025? Mostafa Thabet
11:50 -12:00	Rehabilitation after orthopedic trauma: The margin utility. Mohamed Sarhan
12:00 -12:10	DISCUSSION & COMMENTS

## FIRST DAY

SESSION 3 ► EVOLVING TECHNIQUES IN UPPER LIMB FRACTURES	
MODERATORS:	
12:10 -13:50	Abdelhakim Abdallah Ashraf Moharram Mohamed El Mahy Yasser Elsafory
12:10 -12:25	Clavicle fracture plates. Design should follow the anatomy. Ashraf Moharram
12:25 -12:40	AC joint, new techniques for better biomechanics Ayman Mansour
12:40 -12:55	Humeral shaft fractures: does conservative management still work? Ahmed Naeem Atiyya
12:55 -13:10	Elbow trauma, up to date. Moustafa Mahmoud
13:10 -13:25	Distal radius fractures, are available plates enough? Amr Moustafa



13:25 -13:40	Hand fractures fixation, how many!! Or mini!! Should it be? Abdelhakim Abdallah
13:40 -13:50	DISCUSSION & COMMENTS
13:50 -14:00	<b>COMPANY SYMPOSIUM</b>
14:00 -14:50	LUNCH BREAK
14:50 -15:50	CROSSFIRE: ► MODERATOR: Moustafa Mahmoud DISTAL HUMERUS FRACTURES IN THE ELDERLY: CONSERVE, FIX, OR REPLACE Abdelhakim Abdallah Arnold Höppchen Mohamed Mostafa Kotb Yasser Elsafori

## FIRST DAY

15:50 -17:00	SESSION 4 ► EVOLVING TECHNIQUES IN PEDIATRIC FRACTURES MODERATORS: Ahmed Saeed Aly Mahmoud El-Rosasy Mohamed Osama Hegazy Tarek Hassan
15:50 -16:05	Nancy nail vs Plating in pediatric long bone fractures. Mohammed Kotb
16:05 -16:20	Management of growth plate injuries: surgical fixation or observation Hassan Elbarbary
16:20 -16:35	External fixation vs Internal fixation in open pediatric fractures Mohammed Abdel-Aal
16:35 -16:50	When to fix supracondylar humerus fractures in extension type II Ahmad Abdelsalam
16:50 -17:00	DISCUSSION & COMMENTS

END FIRST DAY

# SECONED DAY

09:00 -10:40	<b>SESSION 1▶</b> <b>WORKSHOPS.</b> <b>MODERATORS:</b> Radwan Metwaly - Mahmoud Badran
Room (1)	Proximal Humerus Fixation Abdelaziz Monsef
Room (1)	Distal Humerus Fixation Abdullah Nada
Room (2)	Proximal Tibia Fixation Amr Amal
Room (2)	Distal Tibia Fixation Ali Fergani
10:40 -11:00	<b>COFFEE BREAK</b>
11:00 -11:20	<b>SESSION 2</b> <b>MODERATORS:</b> Ahmed Kholief - Gamal Hosny - Waleed Ebeid <b>KEYNOTE PRESENTATION:</b> Evolving principles of fracture management, where we are? Osama Farouk
11:20 -12:30	<b>SESSION 3▶</b> <b>EVOLVING TECHNIQUES IN LOWER-LIMB FRACTURES.</b> <b>MODERATORS:</b> Adel Anwar Hisham El-Ashry Mohamed Nigm Sherif Sokkar
11:20 -11:35	Proximal femoral nailing: why different designs for the same fracture?. Sherif Khaled
11:35 -11:50	Distal femoral fractures in the elderly: nail plate combination and double plating. M Abolsouod
11:50 -12:05	Patella fracture: wires, screws, or plate. Arnold Höppchen
12:05 -12:20	Lateral malleolus fractures: plate or nail. Ahmed Ramy
12:20 -12:30	<b>DISCUSSION AND COMMENTS</b>
12:30 -12:40	<b>COMPANY SYMPOSIUM</b>



## SECONED DAY

12:40 -13:40	<b>CROSSFIRE:►</b>
	<b>MODERATOR: Mahmoud Abdel karim</b>
	<b>PROXIMAL FEMORAL FRACTURES IN THE ELDERLY: CONSERVE, FIX, OR REPLACE</b>
	Arnold Höppchen El-Zaher Hassan Fouad Zamel Mahmoud Badran
13:40 -14:40	<b>LUNCH BREAK</b>
14:40 -15:50	<b>SESSION 4►</b>
	<b>EVOLVING TECHNIQUES IN SPINE FRACTURES.</b>
	<b>MODERATORS:</b>
	Bahaa Kornah Hossam Gad Hussien Abo El-Ghait Mohamed El-Meshtawy
14:40 -14:50	<b>Navigation in spine trauma.</b> Yasser Allam
14:50 -15:00	<b>Cervical spine trauma (case presentation).</b> Tarek Al-Feki
15:00 -15:10	<b>Thoraco-lumbar spine fracture (Case presentation).</b> Mohamed Serry
15:10 -15:20	<b>Fracture dorso-lumbar spine in ankylosing spondylitis (Case presentation).</b> Morsy Mohamed
15:20 -15:30	<b>Lumbar and sacral fracture (case presentation).</b> Mohamed Moussa
15:30 -15:40	<b>Sacral fracture (case presentation).</b> Mohamed Khattab
15:40 -15:50	<b>DISCUSSION AND COMMENTS</b>



## SECONED DAY

15:50 -17:00	SESSION 5 ► FUTURE IN ORTHOPEDICS: EVOLVING DESIGNS IN IMPLANTS
	<b>MODERATORS:</b> Ibrahim Abou Omira Mahmoud El-Rosasy Tarek Samy
15:50 -16:05	Plate and screws: new designs. Ahmed Khedr
16:05 -16:20	External fixators evolutions Mohamed Elgbiely
16:20 -16:35	Arthroscopy techniques in Fracture patients (fracturoscopy) Ahmed Fouad Sief
16:35 -16:50	Wound closure and dressings Ahmed Gad
16:50 -17:00	DISCUSSION AND COMMENTS
17:00 -17:20	COFFEE BREAK
17:20 -18:20	SESSION 6 ► RESIDENT TRAINING PROGRAM:
	How to answer a written question? M. Osama Hegazy
	How to deal with an OSCE station? Emad Saweeres

END SECONED DAY



# THIRD DAY

## (BACK TO THE FUTURE)

09:00 - 10:30	SESSION 1► BASICS OF INTERNAL FIXATION. MODERATORS:
	Abdelhakim Abdallah
	Mahmoud Badran
	Radwan Metwaly
09:30 - 09:40	Welcome and Registration
09:40 - 09:55	How the bone heals in fractures. Mohamed El Sayed Awad
09:55 - 10:00	Splitting into Groups
10:00 - 12:00	<b>WORKSHOPS 1</b>
Station (1):	Absolute Stability: How to apply absolute stability with plate & screws? (Lag screw, Tension Band, Compression plate)
Station (2):	Relative Stability: How to apply relative stability with plate & screws? (Bridging plate)
Moderator	Mohamed El Sayed Awad
Panel	Abdelaziz Monsef - Abdullah Nada - Amr Amal - Ali Fergani - Mostafa Thabet - Ahmed El-Hamalawy
12:00 - 12:10	<b>COMPANY SYMPOSIUM</b>
12:10 - 14:00	COFFEE BREAK & FRIDAY PRAYER
14:00 - 15:30	<b>WORKSHOPS 2</b>
Station (1):	How to apply DHS
Moderator	Ahmed Ramy
Panel	Abdelaziz Monsef - Abdullah Nada - Amr Amal
Station (2):	How to apply the Pelvic ring external fixation
Moderator	Ahmed Elmalt
Panel	Mostafa Thabet - Ali Fergani - Ahmed El-Hamalawy
15:30 - 15:45	Take-home messages of workshops Feedback and Closure

# End Third Day & Conference



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